

Austin Society for Psychoanalytic Psychology is honored to present:
Poetry, Playfulness and Psychoanalysis: Social and Clinical Dimensions

Salman Akhtar, M.D.

**September 25, 2010
Doubletree Guest Suites
303 West 15th Street**

**Registration 8:30-9:00am
Program 9:00am-4:45pm
12pm-1:15 Lunch on your own**

The Austin Society for Psychoanalytic Psychology is very pleased to host Dr. Salman Akhtar, an internationally renowned psychoanalyst and gifted speaker for its 2010 Fall Conference. Dr. Akhtar will spend the morning with us enumerating the structural and dynamic aspects of poetry such as the expression of preverbal experience, blending of primary and secondary processes, musical use of words and enhancement of mentalization. Dr. Akhtar will also delineate the healing properties of poetry and its application in psychoanalytic psychotherapy. In addition, Dr. Akhtar will discuss normal and pathological playfulness. The role of playfulness in the therapeutic situation will be illuminated with the help of illustrative vignettes. The afternoon includes the viewing of a film that Dr. Akhtar (not having previously viewed) will discuss analytically, in spontaneous fashion, along with audience participation. This event will prove to be both clinically enriching and enjoyable. Please join us.

Dr. Akhtar has been described as one of the most original and creative voices in Psychoanalysis. He is Professor of Psychiatry at Jefferson Medical College and Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia. Dr. Akhtar is the Book Review Editor of the *Journal of Applied Psychoanalytic Studies*, and has served on the editorial boards of the *Journal of the American Psychoanalytic Association* and the *International Journal of Psycho-Analysis*. He is the author of 10 books, 6 collections of poetry and more than 300 scientific publications. He has delivered many prestigious addresses at places such as the Mayo Clinic, Harvard, Yale, Brown, Emory and other major universities as well as the United Nations. In addition, Dr. Akhtar has presented lectures and addresses internationally, including the countries of Norway, France, Germany, Brazil and Holland. His books have been translated into many languages. Dr. Akhtar is the recipient of numerous awards, including the Journal of the American Psychoanalytic Association's Best Paper of the Year Award (1995), the Margaret Mahler Literature Prize (1996), the ASPP's Sigmund Freud Award (2000), Columbia University's Robert Liebert Award for Distinguished Contributions to Applied Psychoanalysis (2004), and the APA's Award for Outstanding Teacher of Psychiatric Residents in the country (2005). Having widespread interests, Dr. Akhtar has also served as Film Review Editor for the *International Journal of Psychoanalysis*. He serves as a Scholar-In-Residence at the Inter-Act Theatre Company in Philadelphia.

Learning Objectives – Participants will be able to:

1. Enumerate the psychological components of poetry
2. List the various ways in which poetry helps relieve psychic distress
3. Name the various forms of playfulness
4. Distinguish between normal and pathological playfulness
5. Utilize the concept of playfulness in his or her clinical work
6. Identify one way in which therapeutic playfulness is demonstrated in the selected film

Registration for Salman Akhtar, MD: Poetry, Playfulness and Psychoanalysis: Social and Clinical Dimensions

Name: _____ Degree/License _____
Work Address: _____ City: _____ State: _____
Zip Code: _____ Email Address: _____ Work Phone: _____

Mail this registration form with a check to: ASPP, PO Box 1448, Cedar Park, TX 78630 or pay online via credit card at www.asppaustin.org

ASPP is a provider of continuing education for mental health providers. This conference provides 6 CEUs.

Please see the Meetings & Workshops page of the ASPP website for our cancellation policy.

A limited number of Dr. Akhtar's most recent book, *Comprehensive Dictionary of Psychoanalysis* will be offered at a discount. Cash or check only.

Early Registration- through September 11, 2010

ASPP members \$140
Non-members \$160
Students \$45

Registration beginning September 12, 2010

ASPP members \$150
Non-members \$170
Students \$50